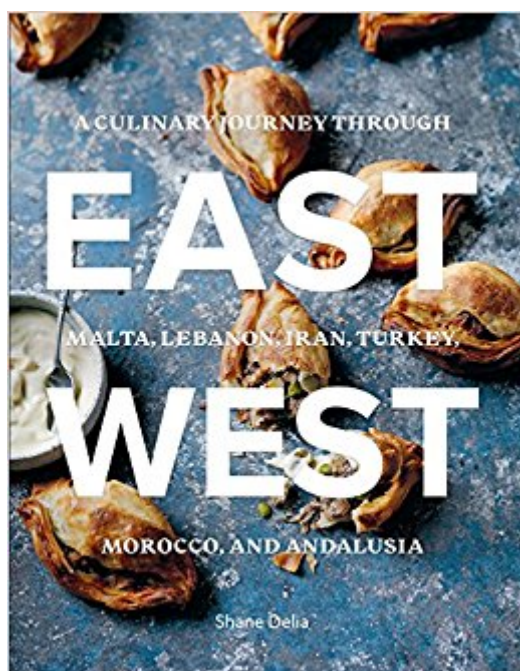


The book was found

East/West: A Culinary Journey Through Malta, Lebanon, Iran, Turkey, Morocco, And Andalucia



Synopsis

Follow award-winning chef Shane Delia as he visits souks and local kitchens in six countries. From Morocco, Malta, and Andalusia in the West, to Turkey, Lebanon, and Iran in the East, the food and flavors of the Middle East permeate almost every aspect of daily life. Orange blossom and rose petals, spice-encrusted slow-cooked meats, fermented yogurts, dates, and olives—these are the flavors that have entranced visitors for centuries and that have recently experienced a surge in popularity in Western kitchens. Award-winning Maltese-Australian chef Shane Delia journeys to both the well-trodden souks and private dining rooms of locals across six countries, in search of the most exciting local flavors to bring back to his kitchen. *East West* offers 80 recipes, distilled for the home cook. Accompanied by hundreds of stunning images shot on location, this is a book for foodies and anyone who has ever dreamed of taking their own culinary journey.

Book Information

Hardcover: 272 pages

Publisher: Interlink Pub Group (April 3, 2017)

Language: English

ISBN-10: 1566560063

ISBN-13: 978-1566560061

Product Dimensions: 8.3 x 1.5 x 10.1 inches

Shipping Weight: 2.8 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #793,251 in Books (See Top 100 in Books) #37 in [Books > Cookbooks, Food & Wine > Regional & International > European > Turkish](#) #146 in [Books > Cookbooks, Food & Wine > Regional & International > European > Spanish](#) #179 in [Books > Cookbooks, Food & Wine > Regional & International > Middle Eastern](#)

Customer Reviews

Follow award-winning chef Shane Delia as he visits souks and local kitchens in six countries. From Morocco, Malta, and Andalusia in the West, to Turkey, Lebanon, and Iran in the East, the food and flavors of the Middle East permeate almost every aspect of daily life. Orange blossom and rose petals, spice-encrusted slow-cooked meats, fermented yogurts, dates, and olives—these are the flavors that have entranced visitors for centuries and that have recently experienced a surge in popularity in Western kitchens. Award-winning Maltese-Australian chef Shane Delia journeys to both the well-trodden souks and private dining rooms of locals across six countries, in search of the most

exciting local flavors to bring back to his kitchen. East West offers 80 recipes, distilled for the home cook. Accompanied by hundreds of stunning images shot on location, this is a book for foodies and anyone who has ever dreamed of taking their own culinary journey.

[Download to continue reading...](#)

East/West: A Culinary Journey Through Malta, Lebanon, Iran, Turkey, Morocco, and Andalucia
West of the Indus 7,000 Miles through the cradle of Civilization West Pakistan, Afghanistan, Iran ,
Iraq & on the Turkey (Travel Middle East) Morocco Plane Reader - Get Excited About Your
Upcoming Trip to Morocco: Stories about the People, Places, and Eats of Morocco (GoNOMAD
Plane Readers Book 15) MALTA 25 Secrets - The Locals Travel Guide For Your Trip to Malta 2016:
Skip the tourist traps and explore like a local : Where to Go, Eat & Party in Malta Malta 2017 : 20
Cool Things to do during your Trip to Malta: Top 20 Local Places You Can't Miss! (Travel Guide
Malta) Malta: Where To Go, What To See - A Malta Travel Guide (Malta, Valletta, Birkirkara, Mosta,
Qormi, Sliema, Naxxar Book 1) Malta: Where To Go, What To See - A Malta Travel Guide (Malta,
Valletta, Birkirkara, Mosta, Qormi, Sliema, Naxxar) (Volume 1) Arabesque: A Taste of Morocco,
Turkey, and Lebanon Lebanon: related: lebanon, Beirut, Tripoli, India, Byblos, thailand, capital of
lebanon, capital of libya, bharat, siam, Turkey Fethiye-Antalya Topographic Map Atlas with Index
1:50000 (1 cm=500 m) Lycian Way (Likya Yolu) Complete Hiking Trail in Large Scale Detail ...
Coast of Turkey (Turkey Hiking Topo Maps) The boy travellers in the Levant;: Adventures of two
youths in a journey through Morocco, Algeria, Tunis, Greece, and Turkey, with visits to the ... and
Cyprus, and the site of ancient Troy, Morocco: A Culinary Journey with Recipes from the
Spice-Scented Markets of Marrakech to the Date-Filled Oasis of Zagora The Fires of Spring: A
Post-Arab Spring Journey Through the Turbulent New Middle East - Turkey, Iraq, Qatar, Jordan,
Egypt, and Tunisia Coastal Walks in Andalucia: The best hiking trails close to Andalucia's
Mediterranean and Atlantic Coastlines The Silk Roads, 2nd: includes routes through Syria, Turkey,
Iran, Turkmenistan, Uzbekistan, Kyrgyzstan, Pakistan and China (Silk Roads: A Route & Planning
Guide) Following Marco Polo's Silk Road: An enthralling story of travels through Turkey, Syria,
Jordan, Iran, Pakistan, China and Uzbekistan (Second Edition) Walking in Andalucia: 36 Routes In
Andalucia's Natural Parks Michelin Andalucia (Michelin Green Guide Andalucia) Rick Steves' Spain
and Portugal: Covers Madrid, Barcelona, Andalucia, Lisbon, the Algarve, and Morocco North African
Handbook: Egypt, Morocco, Tunisia, Moorish Spain (Andalucia), Libya, Sudan, Mauritania and
Gibraltar (Travellers World)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)